

# CSPA Annual General Meeting

2018-2019









# The CSPA Welcomes you!

Shaunna Taylor, PhD, CSPA Chair Sharleen Hoar, PhD, CSPA Co-Chair

#### **Annual General Meeting**

- Attendance
- Keeping of minutes
- Highlights of 2018-2019 (Shaunna)
- Prof. Development Committee Report (Lori)
- Treasurer Report (Natalie)
- Governance Report (Sharleen)
- Certification Committee Report (Natalie)
- Membership Report (Connor/Poppy)
- CSPA Regional Reports (Regional Reps)
- Website, Communication, Social Media (Poppy)
- Discussion
- Adjournment



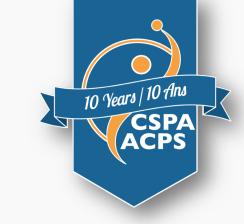


## Attendance & Minutes



# 2018-2019 Highlights

Shaunna Taylor



#### 2018-2019 Highlights

- Managing Council Updates
- CSPA-AASP Certification
- Partnership with AASP last year (Toronto)
- Webinars
- Newsletters
- Pro-D Days with CPA (Montreal)



- Chair: Dr. Shaunna Taylor
- Past-Chair: Dr. Adrienne Leslie-Toogood
- Co-Chair: Dr. Sharleen Hoar
- Treasurer: Dr. Natalie Durand-Bush
- British Columbia: Leanne Fielding
- Alberta: Clare Fewster, MC
- Prairies: Lisa Hoffart, MC
- Ontario: Lisa Veloce, MSc
- Quebec: Heidi Malo, MHK
- Atlantic: Dr. Lori Dithurbide
- Communications / Marketing Lead Poppy DesClouds
- Membership / Insurance Connor Primeau
- Student Committee Lead Katrina Waldhauser





#### **MC** Committees

- Review: Diane Culver (Chair)
- Governance: Sharleen Hoar (Chair)
- Professional Standards: Shaunna Taylor (Chair)
- Marketing & Communications: Poppy DesClouds (Chair)
- Professional Development: Lori Dithurbide (Chair)
- Membership, Finance & Insurance: Connor Primeau (Chair)
- Student: Katrina Waldhauser (Chair)
- Public Relations & Outreach: Adrienne Leslie-Toogood (Chair)
- Certification: Natalie Durand-Bush (Chair)



# Professional Development Report

Lori Dithurbide



Maltreatment in Sport: The role of the MPC (Part 2) La maltraitance dans le sport: Le role du CPM (partie 2)

May 18, 2019



MALTREATMENT IN SPORT: THE ROLE OF THE MPC (PART 2)

Monday, May 27th, 2019 - 5-6PM EST

LA MALTRAITANCE DANS LE SPORT : LE RÔLE DU CPM (PARTIE 2)

Lundi le 27 mai 2019 - 17h00 à 18h00, heure de l'Est









- Next webinar will likely occur in January 2020
- Stay tuned for announcement

#### Newsletter



JUNE, 2016 CANADIAN SPORT PSYCHOLOGY ASSOCIATION



#### CSPA NEWSLETTER

FEBRUARY, 2018 CANADIAN SPORT PSYCHOLOGY ASSOCIATION

Chair Updat

Hello and welcome to the kickoff to our official 2nd decade of operations at the CSPA! To start things off as the new incoming Chair, I would like to take this opportunity to thank my predecessor, past-Chair Dr. Adrienne Leslie-Toogood, who demonstrated such collaborative and positive leadership at the CSPA throughout her mandate. She and the rest of the Managing Council have brought a wealth of personal and professional skills to our organization, and I look forward to working with all of them—and you—in the coming years.

2017 was a year of remarkable change all over the world – disruption, revelation, reconciliation – and this includes our sector, the mental health and performance space in sport. As a reflection of this change, lencourage you to read the article submitted by Dr. Natalle Durand-Bush in the area of certification and professionalization in our field New ill be reaching out to you (our membership) as we explore this new domain of certification in the area of mental performance, in partnership with our colleagues at the Association of Applied Sport Psychology (ASS). These are exciting and interesting times for our areas of expertise. We are living in an era of great potential through the use of technology, open access, and innovation, but we are also impacted by the challenges associated with these areas that could undermine the credibility, effectiveness and professionalizin in our domain.

Interest and investment in mental performance and mental health is perhaps higher than it has ever been in soprt, and the possibilities this opens up for us as transformational leaders should excite and motivate all of us. As such, the CSPA is undergoing some exciting changes too! Our organization is pursoing incorporation as a not-for-profit entity, which will afford some velcome opportunities for professionalization and sustainability. We look forward to sharing more news with you as we progress in the process.

This newsletter features informative articles on the international stage (through the international Society of Sport Psychology), some great stories of professional development in the area of mental performance at the Canada Games, and some regional updates. Finally, we offer a warm welcome all our new members.

2018 looks to be an exciting year full of promise and new exploration – this is YOUR association, and if there is an area that you are interested in growing or supporting, your Managing Council would love to hear from you!

All the best to you as we celebrate past successes and new beginnings,

Sincerely



Dr. Shaunna Taylor, PhD, MPC CCC Chair, Managing Council, CSPA

#### **IN THIS ISSUE**

Chair Update Shaunna Taylor, PhD, MPC CCC

Hot Topic - Upgrading the CSPA Certification Program: A Necessary Ste to Further the Field of Sport Psychology and Mental Performance Consulting Natilia Durand Burk PhD

Dr. Schinke provides us with his thoughts on the status and possibilities of the International Society of Sport Psychology Robert Schinke, ISSP President

Sport Psychology in Practice Alayne Hing, M.Sc. Lisa Hoffart, CCC, MC, MA

What is Happening Acro Canada - Highlighting Quebec

Welcome new CSPA professinoal members!

Conference

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#### Newsletter

Forthcoming Winter Newsletter will have a focus on Fall conference recaps

- If any members, including Student and Academic members, are interested in providing a piece for this newsletter, please contact the Managing Council
  - We are still looking for SIRC and CAC conference recaps for the current newsletter
- We are always seeking ideas and contributors for both the newsletters and webinars that will be most beneficial to all our members



# Treasurer Report October 1, 2018 to September 30, 2019

Natalie Durand-Bush

### Summary



Balance forwarded on Oct 1, 2018		40,853.35
	Α	\$40,853.35
Income	Membership, webinar, apparel	\$21,896.00
	В	\$21,896.00
Expenses	Bank fees:	\$872.81
	Other (details on next slide):	\$22,621.70
	C	\$23,494.51
Balance	Net Balance (A + B - C)	\$39,254.84
	(Desjardins Sept. 30,2019)	\$16,160.08
	(Paypal Sept. 30,2019)	\$19,412.12
	(Square Sept. 30, 2019)	3,682.64



#### **Details - Other Expenses**

Website management (Webex, Wix, and Adobe fees)	\$4,791.59
Translation	\$754.02
CSPA apparel	10,000.00
2018 AGM	\$4,549.82
Legal fees	\$565.00
Young Professional Award	\$500.00
CSPA workshops, regional and certification meetings	\$1,397.38
Miscellaneous	\$63.89
TOTAL	\$22,621.70







# Governance Report

Sharleen Hoar



#### Governance Report

- Active committee meeting on monthly basis
- Committee members: Frank van den Burg, and Erin Brennan
- Ongoing review of governance policies for organization
- Recommended a strategic planning meeting for next 5 years



# Certification Committee Report

Natalie Durand-Bush



#### Certification Committee Report

- Members: Natalie Durand-Bush, Sharleen Hoar, Diane Culver
- Created a needs report of activities to do to align with AASP Certification Policies and Procedures
- Met with Chair of AASP Certification Council at 2019 AASP conference to submit our report and reconfirm partnership with CSPA for certification





- Sought legal advice on ability of Canadians to legally pursue certification as outlined in the AASP procedures
- Sought legal advice on registration of title



# Membership Committee Report

Connor Primeau





#### Membership Committee Report

#### Membership as of October 28, 2019

- 172 professional members
- 7 Academic Members
- 73 Student Members
- Membership renewal will be sent out December 1st



#### Membership Committee Report

#### Insurance

 Insurance renewed yearly by November 1st

Email reminder has been sent out



Diane Culver





#### **Updates**

Members: Diane Culver (chair), Penny Werthner, Christiane Trottier, Barbi Law, Patrick Beland

- 2 fast track
- 11 new professional members
- 8 files remain open



10 Years | 10 Ans



#### What's Next?

 Feedback from applicants on documents and forms



#### Thank you to Review Committee members!

- Diane Culver (Chair)
- Christiane Trottier
- Penny Werthner
- Barbi Law
- Clare Fewster
- Patrick Beland

#### **New professional members as of October 29 2019:**

Karl Bicamumpaka

Mark Bruner

Jeff Caron

Lior Doron

Wesley Kwok

Cristina Leonardelli

Joseph Leszner

Andrei Mandzuk

Lan Phan

Connor Primeau

Jelle Kooijman



\*8 more asked for more information





# CSPA Regional Reports





#### **British Columbia - Leanne Fielding**

- 32 professional members; 1 associate member; 18 student members
- BC/Alberta joint AASP debrief meeting
- Peer consultation meetings (2)
- Annual workshop day was canceled due to low registration.
  - June 6th, 2020 tentative date for annual workshop day



# 10 Years | 10 Ans CSPA ACPS

#### **Alberta - Clare Fewster**

- 19 professional members; 7 student member
- CSPA AB Regional Symposium June 2019
- Focus on practice challenges & solutions
  - 23 participants including professional and student members, and non members from all over Alberta, BC, and Prairies
  - 12 presentations various topics
  - Upcoming meeting in January planned for Red Deer



#### Regional Report

#### **Prairies - Lisa Hoffart**

- Reached out to all of the members in the Prairie region
- Meeting dates are forthcoming
- Goals for the next year include:
  - Holding regional meetings
  - Increase membership numbers in the Prairie region, by engaging the academic and student communities



#### Regional Report

#### Ontario - Lisa Veloce

- Strong membership: 60 professional; 25 student; 1 associate; 1 academic
- Ontario Region Facebook Group
  - Please join by searching "CSPA Sport Psych ACPS Ontario Regional Members Group"
- New initiatives launched check your email
  - Peer mentorship/consultation
  - Paper review groups
  - Case study discussion groups
  - Sign-up by Nov 8





#### Regional Report

#### Quebec - Heidi Malo

- Upcoming meeting date/location to be determined;
   Challenges arranging venues
- Reach out to Heidi for more information or to give ideas / assist with regional planning



#### **Atlantic - Lori Dithurbide**



- \*Welcome new member in PEI
- First student member in Nfld/Labrador
- Primary mode of communication electronic





# Marketing & Communications

Poppy DesClouds

# Website, Communication & Social Media



- Updates on CSPA News & Events
  - "News" Tab, Facebook, Twitter
- CSPA Website
  - Member profiles updates
    - Please go to 'members only page' to complete or request any edits to your profile
  - French version coming soon

# Website, Communication & Social Media



#### **CSPA Social Media**

- Facebook (<u>@CSPASportPsychACPS</u>)
  - **505** likes (up 120)
- Private Facebook Group
  - 101 Members (up 31)
  - Please ask to join our private Facebook group 'CSPA Sport Psych ACPS' <a href="https://www.facebook.com/groups/529525003831269/">https://www.facebook.com/groups/529525003831269/</a>

# Website, Communication & Social Media



- Twitter (<u>@CSPA\_ACPS</u>)
  - 1,142 followers (up 304)
- LinkedIn
  - 177 followers, 14 connections (work in progress)

#### \*Call for Social Media Volunteers\*

If you have news/stories that you would like to share on CSPA social media please email Poppy at: <a href="mailto:poppy.desclouds@gmail.com">poppy.desclouds@gmail.com</a>



# Young Professional Award





Criteria and forms have been posted on the CSPA website and circulated via email to membership

Deadline for applications: **Friday, November 8th** 



# Discussion



#### The CSPA Thanks You!