

## CSPA MEMBER TITLES

The Canadian Sport Psychology Association (CSPA) has four membership categories: Student, Apprentice, Academic, and Professional. To protect the integrity of the profession, ensure public trust, and maintain alignment with international standards (i.e., the CMPC designation), it is essential that members use titles consistently and transparently. These guidelines clarify the one permitted professional-facing title for each membership category, along with examples of appropriate usage. CSPA membership categories and permitted titles are designed to reflect your stage of development in the profession of mental performance consulting. These titles ensure transparency with athletes, coaches, organizations, and the public, while protecting the reputation of our profession.

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**CERTIFIED MENTAL PERFORMANCE CONSULTANT® (CMPC)**

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**APPRENTICE IN MENTAL PERFORMANCE CONSULTING**

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**STUDENT IN MENTAL PERFORMANCE CONSULTING**

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**ACADEMIC MEMBER**

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## PERMITTED TITLES

Membership	Title	Why	Example Signature Line
Professional Member	Certified Mental Performance Consultant® (CMPC)	This title is reserved for fully qualified professionals who have met the joint certification standards of the Association for Applied Sport Psychology (AASP) and the Canadian Sport Psychology Association (CSPA). This designation provides public assurance of competency and protects the integrity of the title “Consultant.”	Jamie Smith, Certified Mental Performance Consultant® (CMPC), CSPA Professional Member
Apprentice Member	Apprentice in Mental Performance Consulting	“Apprentice” signals an individual who is practicing skills under supervision, which is a step beyond a student but not yet independent. The term also echoes trades and health professions where apprenticeship is recognized as a respected stage of professional development.	Morgan Smith, Apprentice in Mental Performance Consulting, CSPA Apprentice Member
Student Member	Student in Mental Performance Consulting	“Student” emphasizes the emerging/beginning stage of professional development — primarily centered on coursework and initial exposure to applied settings. It communicates clearly that the member is in the process of developing competencies and gaining practical experience.	Jordan Smith, Student in Mental Performance Consulting, CSPA Student Member
Academic Member	Academic Member	The permitted title is intentionally limited to avoid confusion with applied practice. Academic members contribute through research and teaching but do not identify as consultants.	Dr. Alex Smith, CSPA Academic Member

## CORRECT USE OF CSPA TITLE

1. Use **only the permitted title** for your membership category.
2. Always include your CSPA membership category (Student, Apprentice, Academic, Professional).
3. Write titles **in full** — Student, Apprentice, and Academic Members must always use the complete permitted title.

## INCORRECT USE OF CSPA TITLE

1. Shortening your title in ways that could mislead (e.g., using “MPC” without “Student” or “Apprentice”).
2. Using “Mental Performance Consultant” without a qualifier, unless CMPC® certified.
3. Claiming to be an “Accredited” or “Certified” CSPA Member (these terms do not exist).
4. Using titles that imply professional status beyond membership level (e.g., “Junior MPC,” “Associate MPC,” “Licensed MPC,” “MPC in training”).
5. Academic Members using “Consultant” in any context that implies applied practice.
6. Abbreviating Student, Apprentice, or Academic titles in any way. Titles must always be written in full (e.g., “SMPC,” “AMPC,” “A-CSPA” are not permitted).